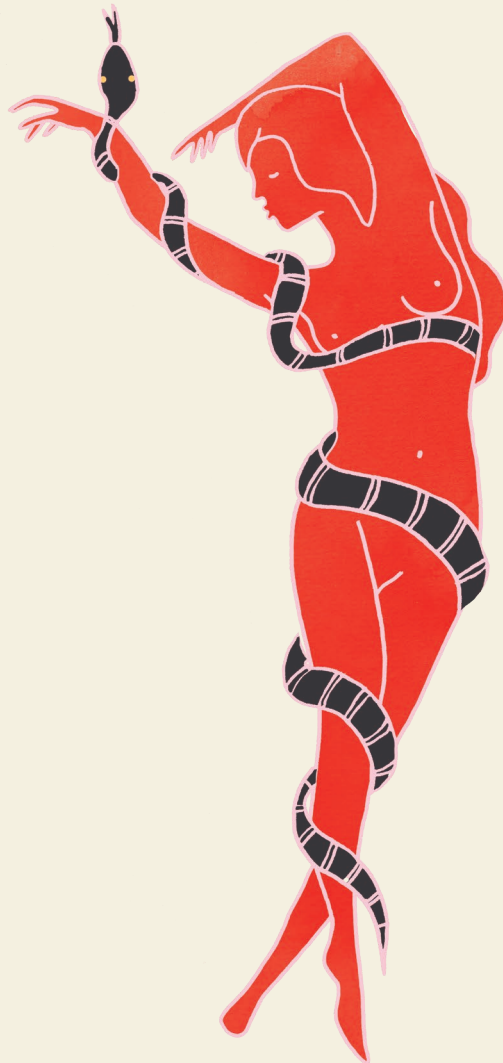


fumée

Gemini New Moon

guide

10th of june 2021



What is a New Moon ?

Each month, the moon makes its journey around the earth in 28 days. During this four-week trip, only one side of the moon is illuminated by the sun. This is the side we see from earth's point of view.

Once every four weeks, the moon is exactly aligned between the earth and the sun, causing the earth to block the sun's light and preventing it from reaching the moon. At this time, the moon is hidden in complete darkness and invisible to us.

From this moment on the moon gets a little bigger every day, it's what we call "the new moon".

Because the new moon is so close to the sun, it is in the same sign as the sun. So on June 10, 2021, it is in the sign of Gemini.

The Planet

The ruling planet over Gemini is Mercury. The ancient Greeks associated the planet Mercury with the god Hermes. Hermes is the messenger of the gods and guides departed souls to the Afterlife.

Unlike the Greeks, the Romans called Hermes: Mercury, the same as the planet. Hermes/Mercury symbolizes change where the old makes way for the new.

As a messenger, Hermes/Mercury also rules over business, where good communication is very important. This makes this moon phase very suitable to pay more attention to these aspects.

TIMES & DATES:

10th of June

Amsterdam - 12:52 am

Los Angeles – 03:52 am

New York – 06:52 am

London – 11:52 am

Delhi – 04:22 pm

Sydney – 08:52 pm



The Element

The new moon is on June 10th, 2021 so just like the sun it's in the sign of Gemini. This sign is connected to the element air. Air is associated with thinking, learning and communicating. All of this makes this phase a perfect time to make new plans, to delve into new subjects or start fresh conversations.

Do you normally struggle with public speaking? During this phase, you'll be chatting away, no matter who is listening.

Solar Eclipse

The new moon in Gemini coincides with a solar eclipse. A solar eclipse occurs when the moon sits between Earth and the sun, and the moon casts a shadow over the Earth. It can only take place during a new moon, which we consider the optimal time to set intentions and begin new projects. So you can think of a solar eclipse as a supercharged new moon, and prepare to launch yourself into whatever this one has to offer.

The Influence

During the solar eclipse, the moon takes over the sun's influence on earth for a very short time. Since the sun is in Gemini, this means that you are ready to start something new.

During the solar eclipse, it is good to turn inward and "hide in the shadow" for a moment, to get your head straight regarding your next steps.

If you are very sensitive to the influence of the sun and the moon, you may have trouble sleeping now, be more tired or feel under the weather.

To 'Look-out for...'

Although learning and communicating will go well for you during this time, concentration for a long period of time is hard. For jobs that require more concentration, this is not a good moon.

The fact that you are quick to make mistakes and are extremely critical makes you unconsciously take your irritation out on those around you.

This can lead to a conflict which, due to a stubborn attitude, is not easily resolved. You won't take it easy, you are quite restless and you have a tendency to ramble on. This is something to look out for.

To do

Communicate: Communicating is something other than superficial chatter about the weather. You are into deeper conversations where you actually talk about something real.

Meditate : Just because you're a bit restless now, it's good to spend half an hour meditating to clear your head and make room for new insights.

Read: Everything you read and learn you absorb like a sponge. You are now extra curious and eager to learn so it takes no effort to immerse yourself in new material.

Don't do

Gossiping: Communication is very different from endless chatter or even worse: gossiping! Keep a low profile on social media, less is more!

Sitting around: Doing nothing and laying around is not going to do you much good during this lunar phase. Trying to do this even when you know better is a waste of time. Time that you can better spend more usefully now because there is still allot to do.

Waiting:

Do not postpone what you can still do today. A cliché, but very applicable during the new moon in Gemini. Chop chop!

Alignments

When the planets are at a certain geometric angle we call them 'alignments'. Some alignments support each other or work against one another.

Sun conjunct Moon:

The sun illuminates a part of yourself which you may be less happy with. You may be overwhelmed by your own emotions and want to hide them even deeper. This alignment advises you to confront these feelings. Why do certain things affect you so intensely, what is the cause of it and especially: how can you learn to deal with it? This is a good time to focus on your home situation where it may be time for a (positive) change.

Moon conjunct Mercury:

Your emotions are all over the place which doesn't make this a good time to make important decisions. However, this is a great moment to put these feelings into words and talk about what is bothering you.

Moon square Neptune:

This alignment makes you dreamy and weakens concentration. You quickly lapse into daydreaming. There's nothing wrong with this of course, as long as you don't do this during work hours. However, this alignment makes you extra sensitive to external factors, so you can really tap into your intuition. Nevertheless, postpone taking important decisions for a while. Since many people tend to escape reality during this alignment, there is a chance of excessive alcohol and drug consumption with all its consequences. Hangover!

Planets

During the New Moon in Gemini, a number of planets are in retrograde. These planets move optically slower around the earth at certain times than other planets. Planets in retrograde bring delay and postponement.

Mercury Retrograde in Gemini:

It takes you a little longer to understand where certain feelings come from but the more you look at others, understanding will come quickly. Other people's behavior are a mirror to you that allows you to better understand not only others but yourself. Although the New Moon advises you to communicate, Mercury Retrograde advises you to think carefully before opening your mouth.

Saturn Retrograde in Aquarius:

You have a need to distance yourself and not blend in with the crowd. You despise unity and therefore do everything possible to not become part of the masses. Projects stagnate because you are more concerned with being different (wanting to be different) than actually trying to get results.

Pluto Retrograde in Capricorn:

You may be stubborn now which does not help things along. Pluto Retrograde in Capricorn makes it difficult to make concessions: it's my way or the high way. You also feel attacked more easily which makes you overly alert to your surroundings. Keeping an eye on who is saying what about you or if there might be an underlying message.

Physical

Gemini is associated with the shoulders, arms, hands, nervous system and lungs. When the new moon is in Gemini you are more sensitive to everything related to these body parts and organs. This is a good time to get your neck and shoulders massaged, care for your hands with a nourishing oil, get plenty of sleep, ventilate your home, burn relaxing essential oils or incense, and don't overload your schedule.

Chakra

Chakras are spiral, pulsating energy centers in our bodies that are connected to body parts & organs. The chakra associated with Gemini is the throat chakra. The throat chakra is a blue color and is related to expression, communication, thinking skills and independence. On a physical level, the throat chakra is connected to the throat, jaw, thyroid, trachea, breathing, vocal cords, neck, shoulders and hearing.

During the new moon in Gemini, it is good to cleanse and stabilize the throat chakra. You can do this by:

- wearing blue clothing or blue jewelry
- looking at the blue sky regularly
- singing
- writing
- speaking the truth
- drinking peppermint or ginger tea
- taking a eucalyptus bath or burn eucalyptus oil
- wearing an aquamarine, chalcedony, turquoise, blue aventurine or calcite on a necklace around your neck or placing it on your throat chakra.



Ritual

During the New Moon, it is a good idea to focus on what you would like to achieve. Set a goal with a time frame you want to take to make your dreams come true and keep it realistic. Focus on things that you can make happen yourself and where you can use a little bit of luck.

Remember: thoughts are a powerful force. No matter how small, every thought of failure or defeat influences the outcome of your wish. Only think positive, avoid the word 'can't' and be convinced that what you wish for you will actually succeed.

During the New Moon in Gemini, make a mood board and pin images about what your new goals are for the coming year.

Concentrate on your mood board every new moon and focus on your wishes. Note: you do not get what you wish for, you get what you work for. You don't attract what you want, you attract what you are. Nevertheless, focusing on your mood board can give you extra inspiration and support your willpower. And who knows, maybe give the cosmos a helping hand!

Affirmation

During this moon it's helpful to think longer about something overnight and make a decision about it later. "I'll sleep on it". With the emphasis on 'sleep', so don't 'worry'.

Meditation

You're more likely to freak out because of your overloaded nervous system. Meditating is the perfect way to relax. This new moon in Gemini is a great lunar phase to focus on the goals and how you can achieve them.

Meditating doesn't have to be done sitting in the yoga lotus position. You can sit in a chair, lay on the sofa or lie stretched out on the floor. As long as it feels comfortable for you and you can relax, it's totally fine.

What is important is that you are not disturbed by the doorbell or your phone, do not wear tight clothing, close your eyes and be aware of your breathing.

Breathe in and out slowly and keep to a steady rhythm. When your mind wanders or all of a sudden new thoughts pop into your head, let them go and concentrate on your breathing again.

When you have reached a point of deep concentration you can start focusing on the things you would like to achieve.

Visualize what you want and hold on to it. Because your head is now virtually "empty," you've made room for new inspiration. While visualizing your new plans and wishes, you will automatically get new insights in view of the steps you can take to put things into motion.

When it is all clear to you, slowly let go of this vision. Stay focused on your breathing and slowly come back to the here and now.

Take out your crystals

Crystals that go well with this lunar phase and are therefore suitable for wearing, keeping displayed in your home or meditating with. Crystals right for this moon are:

- aquamarine
- topaz
- blue tourmaline
- turquoise
- lapis lazuli
- fire agate
- tiger eye
- selenite
- diamond



Tarot Cards

It's really fun and very useful to do tarot cards during a new moon. During the new moon in Gemini, we focus on the theme of "communication".

To see what is interesting for you to learn now and how you can improve your communication skills you can use this Tarot deck:

Sit down with your cards in a space where the atmosphere is nice & comfortable, light a candle and/or incense if you enjoy this.

With your eyes closed, shuffle the cards while you ask your question.

Spread the cards out (blindly) on the table.

Open your eyes and choose six cards that stand out to you.

Place the cards in a circle in front of you on the table, it can be the shape of the new moon.

Card 1: How do I improve my communication with those around me?

Card 2: What do I need to speak up about?

Card 3: Which area of my life deserves my attention the most right now?

Card 4: In what areas should I be more flexible?

Card 5: What do I have to let go of?

Card 6: What should I start with?

“Just like the moon,
we go through phases.”





The end

